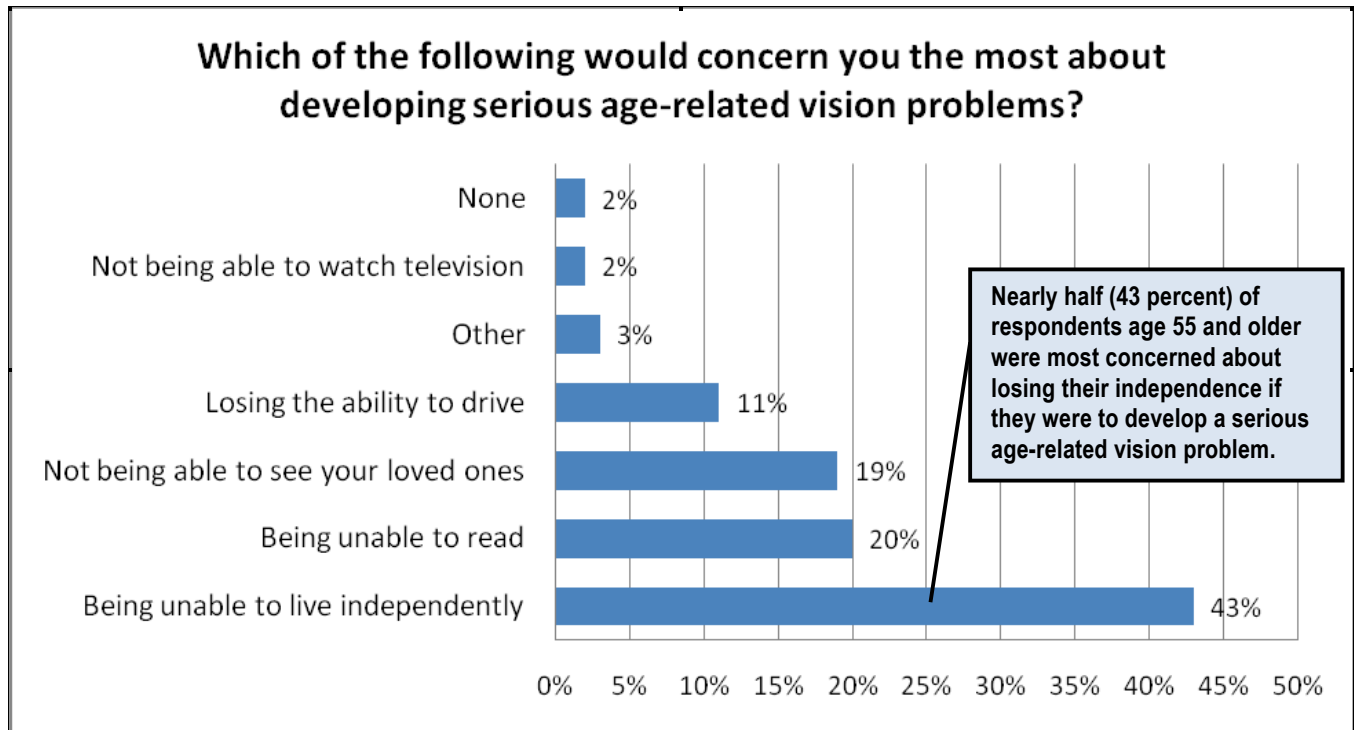


COPING WITH VISION PROBLEMS

DON'T LET AGE-RELATED VISION PROBLEMS AFFECT YOUR LIFESTYLE

Results from the American Optometric Association's (AOA) American Eye-Q® survey found Americans are most concerned with losing their independence, being unable to read and not being able to see their loved ones, if they were to develop a serious age-related vision problem. When eye diseases and disorders are detected, diagnosed and treated early on, vision loss may be prevented or slowed and people can maintain healthy, active lifestyles.



There is help available for individuals who have experienced age-related vision loss. Doctors of optometry can work with patients to develop a rehabilitation program to help them regain their independence and preserve remaining vision. Prescribed treatment options may range from specialized reading spectacles to video magnification technology that both enlarge and enhance the contrast of reading materials on a monitor.

Did you know?

- People with low vision can live and work more effectively, efficiently and safely by using a wide variety of rehabilitation options to deal with vision loss. **For patients with age-related vision loss, a specialized examination by a doctor of optometry who treats vision impairment is a critical first step in the care process.**
- Most people with low vision can be helped with one or more low vision treatment options, however studies show patients are not seeking the help available to them. **Only about 20 to 25 percent of those who could benefit from treatment options have seen an optometrist who specializes in vision rehabilitation.**
- There also are numerous other assistive products that can help those with vision impairments, such as **large-type books, magazines, and newspapers, books-on-tape, talking wristwatches, self-threading needles, and more.**

For additional information about aging eyes or to find a doctor of optometry in your area, please visit www.AOA.org [and/or state association's Web site and/or state association's toll-free telephone number].